## ISPPD Smiletimes

#### The Official Newsletter of

**Indian Society of Pedodontics and Preventive Dentistry** 

July - September 2025



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#### **About ISPPD**

The Indian Society of Pedodontics and Preventive Dentistry (ISPPD) is a national society specifically concerned with the oral health of children in India. It aims to improve oral health in children and encourage the highest standards of clinical care. ISPPD has over 2000 Pediatric Dentists as life members.

The emblem of the society is based on the famous triad of Keyes (1960). One circle represents the tooth, the other the bacteria and the third diet. The shaded area of inter-section of the circles represents dental caries. The Stress given is that for caries to develop all the three factors are essential; caries cannot occur if one factor is missing

Incidentally, this area of inter section of circles takes the form of Triangles. The triangle connotes two aspects

It represents delta, which is the sign of dentistry,

It depicts the pedodontic triangle as given by Wright (1975).

The three corners of triangles are indicative of (a) Child, (b) Mother (parent) and (c) Dentist. This triangle represents 1:2 transaction for the management of children

The top circle of keys in the emblem carries symbols of the emblem of the Indian dental Association ( IDA ) - Staff of Aesculpius with wings of serpents encircling around it. The staff of Aesculpius stands of captor of authority and represents the professional authority of association. The serpents show the power of healing since serpents ages back have been used for healing. Hippocrates adopted this symbol and we have adopted it with two serpents entwined around the staff in opposite directions. The wings on the staff represents the spread of knowledge. The wings have 6 small and 3 large divisions as in the IDA emblem.

The Indian Society of Pedodontics and Preventive Dentistry has been formed on the firm belief that "Every child has a fundamental right to his total oral health". The Society has an obligation to fulfill this faith.

#### **Aims & Objectives**

- The Society is formed on the firm belief that "Every child in India has a fundamental right to total oral health". Every member of the Dental profession in general and Pedodontists in particular have an obligation to uphold this right.
- The Society shall have the solemn responsibility towards the maintenance of positive dental health of the children through prevention, involvement of the community and through other necessary measures to achieve this objective.
- The Society shall make an endeavor to provide suitable medium for honoring the commitment it has so sacredly undertaken.
- The Society shall be responsible for improvement of education, research and delivery of Oralhealth care in the field of Pedodontics & Preventive Dentistry and shall extend cooperation or collaborate with any individual, group or organization,national or international, with similar ideas, ideals and objectives

#### **ISPPD OFFICE BEARERS 2024**



Dr. Shashikiran ND, Karad, MH
PRESIDENT



Dr. Parimala Kulkarni, Bhopal, MP



Dr. Sudhindra Baliga M, Bangaluru, KA PRESIDENT ELECT



Dr. Varinder Goyal, Sunam, Punjab SECRETARY GENERAL



Dr Faizal CP
VICE PRESIDENT



Dr. Madhu K, Bengaluru, KA
VICE PRESIDENT



Dr. Anshula Deshpande, Vadodara, GJ TREASURER



Dr. Nikhil Srivastava, Meerut, UP IMMEDIATE PAST SECRETARY



Dr. Sharath Asokan, Tiruchengode, TN EDITOR



Dr. Shantanu Choudhari, Ahmedabad, GJ JOINT SECRETARY



Dr. Nikhil marwah
ASST. SECRETARY



Dr. Deepak P Bhayya, Bangaluru, KA ASST. TREASURER



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ASSOCIATE EDITOR



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Dr. Deepa G ASST. EDITOR



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EC MEMBER



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Dr. Mahesh Ramakrishnan EC MEMBER



Dr Bhavna Dave



Dr. Neerja Singh
EC MEMBER



Dr Mahesh Dadpe EC MEMBER



Dr A J Sai Sankar EC MEMBER



Dr Chandan GD EC MEMBER



Dr Brinda Suhas Godhi EC MEMBER



Dr. Subbalekshmi EC MEMBER



Dr Sonali Saha EC MEMBER



Dr. Ashish Saxena EC MEMBER



Dr. J.M. Farzan EC MEMBER



Dr. Gunjan Yadav EC MEMBER



Dr. B.S. Suresh
EC MEMBER



Dr Anoop Harris EC MEMBER



Dr. Srinivas Nallanchakra
EC MEMBER

#### PRESIDENT'S NOTE



Dear Esteemed Members of ISPPD,

As my tenure as President of the Indian Society for Pedodontics & Preventive Dentistry (ISPPD) draws to a close, I am filled with an immense sense of gratitude and pride.

Reflecting on Our Journey Together It has been an profound honor to lead this vibrant community of dedicated clinicians, researchers, and educators.

My deepest thanks go to the Executive Committee for their tireless support, the scientific committee for maintaining our high standards of discourse, and, most importantly, to you—our members. Your engagement in our webinars, your submissions to the journal, and your dedication in your respective practices are what truly drive the mission of ISPPD forward. I would also like to extend my heartfelt congratulations and best wishes to the incoming President, Dr. Sudhindra Baliga and the new executive team. I am confident that under their leadership, ISPPD will reach new heights in research, patient care, and national impact. Looking Ahead

While my presidential role concludes, my commitment to ISPPD does not. I encourage everyone to remain actively involved. Let us continue to:

Champion Evidence-Based Practice: Integrate the latest guidelines into your daily work. Mentor the Next Generation: Nurture the students and fellows who will become the leaders of tomorrow.

Foster Collaboration: Bridge the gaps between various sub-specialties to offer holistic care.

Thank you once again for entrusting me with this responsibility. It has been the highlight of my professional career. I look forward to supporting ISPPD as a dedicated member for many years to come.

With warmest regards,

#### Dr.Shashikiran.N.D.

President ISPPD
Dean. Prof & Head
Pediatric Dentistry
School of Dental
ciences

Krishna Vishwa Vidyapeeth Deemed to be University . Karad, Maharashtra

#### FROM THE SECRETARY GENERAL'S DESK



Dear Esteemed Members, Friends, and Colleagues,

As the November breeze ushers in new beginnings, this edition of Smile Times reflects our fraternity's pride, progress, and purpose.

The pleasant November air brings cooler weather and a festive spirit across the country, as our paediatric dentistry fraternity steps into a month filled with pride, learning, and celebration. We will joyfully observe Pedodontist's Day on November 14th, alongside Children's Day, reinforcing our unwavering commitment to safeguarding the oral health of every child through awareness programs and community outreach activities. This month also marks our biggest academic gathering of the year, the 46th ISPPD Annual National Conference, scheduled from 20th to 22nd November at Siksha 'O' Anusandhan University, Bhubaneswar, Odisha, promising enriching scientific deliberations, hands-on learning, and valuable professional interactions. On 21st November, we will host the esteemed Dr. B.R. Vacher Oration at 9:00 AM, a moment of academic reverence for all attendees, followed by the prestigious Award Ceremony to honour excellence within our speciality. The Annual General Body Meeting (AGM) will take place on 22nd November at 2:00 PM, exclusively for Life Members, to discuss key organisational progress and future goals. Moving ahead, we will commemorate Founders' Day on December 3rd, paying a heartfelt tribute to the pioneers whose vision established and strengthened the foundation of Paediatric and Preventive Dentistry in India. With November's refreshing ambience inspiring our spirits, let us continue working together with dedication and unity toward healthier and happier smiles for every child.

Warm regards,

#### **Dr. Varinder Goyal**, MDS, MFDS, RCPS (Glasgow) **Secretary General**

Indian Society of Pedodontics and Preventive Dentistry
Member, Board of Directors, International Association of Pediatric Dentistry
Professor & Head, Department of Paediatric & Preventive Dentistry,
Guru Nanak Dev Dental College & Research Institute, Sunam-148028, Punjab, India
Fellow, Royal College of Physicians and Surgeons, Glasgow
91-9855466666,

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#### FROM THE EDITORIAL BOARD



Dear Readers,

Dear Members,

As we bring forth this final issue of *ISPPD SmileTimes* under the current team of office bearers, it gives me immense pride and gratitude to reflect on our journey together. Over the past term, ISPPD *SmileTimes* has served as a vibrant platform to celebrate the achievements and collective spirit of our society.

This newsletter has been more than just a compilation of events and updates, it has been a reflection of our shared passion for Pediatric and Preventive Dentistry, and our enduring commitment to advancing the specialty.

I extend my heartfelt thanks to the office bearers of ISPPD for their continued support and encouragement, which have been instrumental in sustaining this initiative. My sincere appreciation also goes to our dedicated editorial board members **Dr. Seema Bargale**, **Dr. Subbalekshmi**, **Dr. Tushar Purthi**, and **Dr. Bismay Singh** for their unwavering commitment, creativity, and teamwork throughout this journey.

As we hand over the baton to the next team, we do so with confidence that the legacy of ISPPD *SmileTimes* will continue to grow stronger and shine brighter. May this platform keep inspiring knowledge sharing, collaboration, and professional excellence within our fraternity. With warm regards and best wishes,

Dr Faizal CP

**Chief Editor, ISPPD SmileTimes** 

Dean-Academics

Prof & Head, Dept of Pediatric & Preventive Dentistry Kannur Dental CollegeAnjarkandy, Kannur 670612 Kerala, India

#### **Associate Editors**



Dr Seema Bargale

Professor, K M Shah Dental College and Hospital, Sumandeep Vidyapeeth, Vadodara



Dr Subbalekshmi T

Professor Malabar Dental College Edappal, Malappram



**Dr Tushar Pruthi** 

Associate Professor Subharti Dental college S.V.S.U, Meerut



Dr. Bismay Singh

Associate professor Institute of Dental Science Bhubaneswar, Odisha



### ISPPD NATIONAL LEVEL ESSAY COMPETITION 2025

The first prize-winning essays can be accessed through the following link

LIFE MEMBER CATEGORY: Dr. Priyanka Balakrishnan, Sri Venkateswara Dental College and Hospital, Chennai <a href="https://drive.google.com/file/d/1Gx9aEgRMVq1bEEzVm6BG">https://drive.google.com/file/d/1Gx9aEgRMVq1bEEzVm6BG</a> <a href="https://www.usp=sharing">W0oMmJx1OPxl/view?usp=sharing</a>

POST GRADUATE CATEGORY: Dr. Mothi Rajathi, KSR Institute of Dental Sciences and Research, Tiruchengode

.https://drive.google.com/file/d/1CkRTmAGOuzmUoTWhHv5
OFrh3JMAigK4E/view?usp=sharing

UNDER GRADUATE CATEGORYAarya Umesh Jotkar, School of Dental Sciences, Krishna Vishwa Vidyapeeth, Karad.

https://drive.google.com/file/d/13weFVhAQHMsal4ePzg04nY Nkfd4G1uIx/view?usp=sharing

AWARDS AN	D ACCON	IPLISHMENT	S

## Cycling expedition from Kashmir to Kanyakumari to spread awareness on Oral health

Dr Brinda Suhas Godhi, Associate Professor,
Department of Pediatric & Preventive Dentistry, JSS
Dental College & Hospital, JSS Academy of Higher
Education & Research (JSSAHER), Mysuru, being
First Lady Dentist successfully completing this
extraordinary Kashmir to Kanyakumari Cycling
Expedition and Oral Health Outreach to Rural India
campaign.

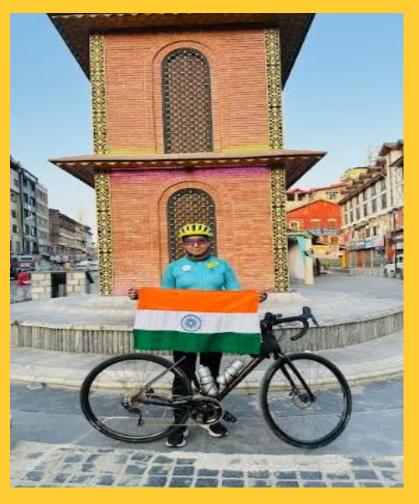
Dr. Brinda cycled from Lal Chowk, Srinagar to Kanyakumari, covering an incredible 3,700 kilometers across 11 states in just 22 days—from September 22, 2025, to October 16, 2025.

The journey, themed "Pedal for Peace – One Ride, One Nation," combined endurance, social commitment, and public health advocacy. As part of her mission, Dr. Brinda conducted an extensive oral health awareness campaign across multiple regions of India, reaching rural communities.

Through this outreach, school children and the general public were educated on the importance of maintaining oral hygiene, correct brushing techniques, and the necessity of regular dental checkups. Oral hygiene kits were distributed to promote healthy daily habits.

A special focus of the campaign was raising awareness about oral precancerous conditions and oral cancer. Dr. Brinda emphasized early detection, risk factor reduction, and preventive measures in simple, understandable language—helping empower local communities to take charge of their oral health.







#### **IAPD FELLOWS 2025**



Dr. Harsh Vyas



Dr. Richa Khanna



Dr M Kumar N V R K R R Dr. Sanchit Paul





Dr. Deepesh Prajapati



Dr. Sumaiyya Saleem



Dr. Abhishek Soni



Dr. Dipanshu Kumar



Dr. Krishnapriya Nene



Dr. Manojkumar Jaiswal



Dr. Shruti Sudarsanan



Dr. Mathew Vidyadharan



Dr. Suganya Balasubramanian



Dr. Sanjeev Kumar Singh

#### **Highest Number of Publications Award**



Dr. Sonali Saha, Professor & Director, Department of Pediatric and Preventive Dentistry, Sardar Patel Postgraduate Institute of Dental and Medical Sciences, Lucknow, has been conferred with the 'Highest Number of Publications Award' during the Founders' Day 2025 Celebration held on 18th July for the fourth consecutive year.

This remarkable accomplishment stands as a testament to her sustained commitment to academic excellence and significant contributions to dental research. With an impressive hindex of 21 and i10-index of 29 on Google Scholar, Dr. Saha continues to demonstrate outstanding scholarly productivity and research impact. Her achievements serve as an inspiration to the entire academic fraternity and resonate with the core vision of the Indian Society of Pedodontics and Preventive Dentistry (ISPPD) in promoting scientific advancement, innovation, and clinical excellence in pediatric dental care.

#### **Young Scientist Award**

Dr. J. Shanti Swarup, Senior Assistant Professor,
Department of Pediatric and Preventive Dentistry,
Tamil Nadu Government Dental College and
Hospital, Chennai, received the 'Young Scientist
Award' at the 3rd International Conference on
Advancing Technology in Engineering and
Management (ICATEM 2025). The award was
conferred in recognition of her research titled
"Development and Characterisation of Injectable
Eggshell-Derived Nanohydroxyapatite as a
Biomaterial for Pulp-Dentin Regeneration



#### Fellowship of ISDR -IADR

Dr. Gurvanit Kaur Lehl was awarded the fellowship of Indian Society of Dental Research, International Association for Dental Research – Indian Division for her outstanding contribution for the advancement of Dental Sciences at the 35th ISDR & IADR- APR Conference, New Delhi, India - September 19 - 21,2025



## National Finalist in CII Yi Yuva Future 5.0 Competition

Dr. Sakshi Sharan, Postgraduate Student in the Department of Pediatric and Preventive Dentistry, Rungta College of Dental Sciences and Research, Bhilai, was selected as a National Finalist in CII Yi Yuva Future 5.0 Competition held from 8th to 10th September'25 at Bengaluru, by Young Indians (Yi) and Confederation of Indian Industry (CII), for presenting her work on addressing climate change through 'Water Conservation and Pond Rejuvenation.' The event was a culmination of tough competitive rounds held among students across India at local, city, district and zonal levels. It provides a platform for young professionals to share innovative ideas addressing environmental sustainability. Dr. Sharan's achievement emphasized the significance of technology driven community-based initiatives in mitigating climate change and reflected the growing interdisciplinary awareness among dental professionals toward public health and environmental responsibility.





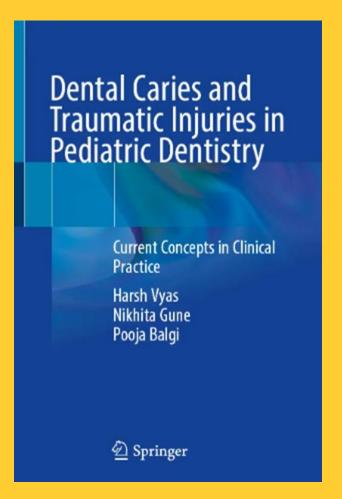
## **Text Book on "Dental Caries and Traumatic Injuries in Pediatric Dentistry"**

Dr. Harsh Vyas, one of the leading Pediatric Dentists in the country, has authored a book titled "Dental Caries and Traumatic Injuries in Pediatric Dentistry: Current Concepts in Clinical Practice", along with Dr. Nikhita Gune and Dr.Pooja Balgi,. The book is published by one of the leading international publication houses, Springer Nature and is available for access on their website.

This book presents an in-depth discussion on the latest evidence and contemporary approaches to the diagnosis and management of dental caries and traumatic dental injuries, which form the bedrock of any Pediatric Dental practice. Drawing upon his vast clinical experience, Dr. Vyas bridges the gap between research and real world Pediatric Dentistry by providing readers with nuanced guidance, flowcharts, and structured protocols to support efficient chairside decision making. The text is further enriched with detailed case presentations, long term follow-ups, and curated lists of commercially available products.

The content of this book encompasses Caries Risk Assessment, Preventive Dentistry, Minimal Intervention Dentistry, Restorative Dentistry, Vital and Non-vital Pulp Therapy, as well as the restorative, endodontic, and periodontal management of Traumatic Dental Injuries in both primary and permanent dentition. The book also includes chapters on the emergency management of orofacial trauma from a Pediatric Dentist's perspective and Cone Beam Computed Tomography (CBCT), emphasizing prescription, interpretation, and its practical applications in Traumatic Dental Injuries.

This book serves as an excellent chairside resource for all dentists involved in the oral care of children.



#### Pioneering Research on Oral Health for Young Children



Dr. Gagandeep Lamba completed her Doctor of Philosophy (Ph.D.) from prestigious Datta Meghe Institute of medical sciences (DMIMS), Sawangi, Maharashtra.

Her research, titled "The Use of polyherbal Oral Wipes in Young Children: A Preventive Approach to Oral Hygiene", presents a groundbreaking study into alternative oral care solutions aimed at improving oral hygiene practices in infants and toddlers. With rising concerns over early childhood caries her study explores the effectiveness, safety, and acceptance of oral wipes as a non-invasive method for maintaining oral cleanliness during early development.

#### **ICMR-STS 2025 Grant**





UG student Gaytri Vishnu Shingne 1st year BDS SMBT Dental College and Hospital Sangamner under the guidance of Prof Dr Vinaya Kumar Kulkarni received ICMR-STS 2025 grant of Rs. 60,000/- (Rupees Sixty Thousand Only) with reference ID STS2025-12670.

#### 3T IBHSC Bioethics Training Programme



Dr. Kavita Dhinsa, Professor, Department of Pediatric Dentistry, along with Dr. Sunira Chandra, Dean of Post Graduate Studies and Head in Department of Oral and Medicine Radiology, Saraswati Dental College and Hospital was nominated from their institute to participate in the **3T IBHSC Accredited Evidence- Based Faculty Development Course** in Teaching Bioethics in Medical and Health Professional Education organized by Atal Bihari Vajpayee Medical University, Uttar Pradesh, Lucknow in collaboration with Department of Education International Chair in Bioethics, University of Porto, Melbourne, Australia.

#### Copyright on Checklist for Traumatic Dental

#### Injuries(Avulsion).

Dr. Pratik Kariya, Professor, Department of Pediatric and Preventive Dentistry, K. M. Shah Dental College and Hospital, has compiled a checklist consisting of overall diagnosis and management of avulsed teeth due to trauma. He has developed this Checklist to ensure that all the correct measures and steps are followed from the time of injury to professional dental intervention. This practical tool serves as a valuable guide for both dental professionals and laypersons, enhancing the accuracy and timeliness of trauma care. This innovative tool offers a clear, stepby-step framework for diagnosing and planning treatment, ensuring no critical step is overlooked during these high-pressure situations. Dr. Kariya's work has been recognized with the award of copyright, underscoring its originality and utility in clinical and community settings.



## Hack the Clinical research challenges - Agentic AI for End -to -End Clinical Trials





Dr.Pranitha Vallala from Department of Dentistry, AIIMS, Bibinagar along with team of Dr.Rashmi Kundapur from CFM ,Dr.Manasa from Pediatric Surgery and Dr.Mounika from Pediatrics participated in AI for life sciences challenge Hackathon, jointly organized by CIE IIIT Hyderabad and Hexaware .It was a hybrid innovation challenge held between August and September 2025. Online mentoring sessions were conducted followed by final round on 18th September at CIE IIIT Hyderabad The team was shortlisted to final round of the challenge

#### **Best Research Paper Award**

Ms.M.Nehaa Shrii intern, from the Department of Pediatric and Preventive Dentistry, KSR Institute of Dental Science and Research, Tiruchengode, Tamil Nadu won the best research paper award in the University Research Day Arivelvi'2025 celebrations held on 26<sup>th</sup> September 2025 at Chennai.



Ms.M.Nehaa Shrii received the award from Thiru Ma.Subramanian, Honorable Minister for Health and Family Welfare, Government of Tamil Nadu and Dr.K.Narayanasamy, Vice-Chancellor, Tamil Nadu Dr. MGR Medical University Her project was on remineralization of white spot lesions using herbal extracts which was funded under ICMR Short Term Studentship (STS) grant.

#### Research Grants for Sibar Institute of Dental Science







Dr K Pranitha, Professor; Dr G Deepthi Nirmal, Reader, Sibar Institute of Dental Sciences received "ISPPD Research Assistance Grant - Life Members" for the year 2025.

Dr A. Divya, Postgraduate student, Sibar Institute of Dental Sciences received "ICMR PG Thesis Support Program Grant" and also "ISPPD Research Assistance grants - student members" for the year 2025

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**Dental Awareness programmes** 

## A B Shetty Memorial Institute of Dental Sciences, Mangalore The Department of Pediatric and F



The Department of Pediatric and Preventive Dentistry, A B Shetty Memorial Institute of a free Dental Sciences organized dental screening camp at DKZP Govt. school. Bikarnakatte, Mangalore on July 31st 2025, at Higher Government Primary School, Jyothinagar, Moodabidri taluk on 6th September 2025, at Dakshina Kannada Government Primary school, Kemar, Moodabidri taluk on 5th July 2025 and at Dakshina Kannada Zilla Panchayat Government Higher Primary Gandhinagar, Moodbidri taluk on 2nd August 2025. A total of 149 students were screened at the first camp, 117 students at the second, 26 patients treated at the third and 40 students treated at the fourth camp respectively.

#### Teerthanker Mahaveer Dental College and Research Center Moradabad



The Department of Pediatric and Preventive Dentistry organized a dental health camp across five major schools in Moradabad on the occasion of the 79th Independence Day.

A total of around 2,500 children aged 4–17 years were screened and provided with free dental treatment.. The camp aimed to promote oral health awareness and preventive care among school children.

## **Empowering Schools for Oral Health: Outreach Initiatives by ADC (R&R), New Delhi**



The Department of Pediatric Dentistry, Army Dental Centre (Research & Referral), New Delhi, has undertaken several outreach initiatives focusing on prevention, early detection, and school-based dental emergency preparedness. Between July and September 2025, multiple programs were conducted across the Delhi Cantonment area, for both normal & Children with Special Health Care needs, emphasizing early detection of Oral Health Diseases, role of sugars in caries development, and Emergency dental trauma management at school & home.

In July 2025, a total of 840 students were screened in Army schools. 575 students, including those with Special Health Care Needs, were examined at Army Hospital Primary School. A Teacher's Training Program for 92 Teachers highlighting prevention of Early Childhood Caries and trauma management, followed by screening of 265 students at DAPS-1 school was conducted.

In August 2025, programs trained 53 teachers at DAPS-1 and 27 teachers and 50 students at Sardar Vallabhbhai Patel School.

In September 2025, the program extended to Delhi Cantt Board schools. At Kripa School Children with Special Health Care needs 89 participants including teachers, families, and children were sensitized, followed by training of 35 teachers at Dr. APJ Abdul Kalam School and 30 teachers at Dr. B. R. Ambedkar School.

ImpactOverall, the program screened over 1,100 students and trained 200 School teachers, while also engaging families in oral health awareness. These initiatives underline the vital role of schools in promoting preventive oral health and equipping teachers with essential skills for Traumatic Dental Injuries emergency management

Dr. (Lt Col) Devashish MDS (Pedodontics), Graded Specialist Pedodontics & Preventive Dentistry Army Dental Centre (Research & Referral), New Delhi

#### Santosh Dental College and Hospital, Ghaziabad

The School Dental Health Programme, conducted under the inspiring theme "Your Smile Is Our Mission," was a significant outreach initiative jointly organised by the Departments of Pediatric & Preventive Dentistry, Santosh Dental College and Hospital, Ghaziabad. The programme aimed to promote oral health awareness, preventive care, and equitable access to dental treatment among school children.

Between July and September 2025, this phase of the ongoing campaign extended its services across urban and rural schools in Ghaziabad. A total of **811 children** were screened for oral health conditions, and **520** were referred to the college for comprehensive, free-of-cost treatment. The initiative encompassed government, private, and special-needs schools, reflecting its inclusive and community-oriented vision.

The activities included oral health screening camps, interactive education sessions, and hands-on demonstrations on brushing techniques and fluoride use. A mobile dental van provided on-site management of urgent cases, while educational materials and hygiene kits reinforced health messages at home. The programme yielded tangible results, including improved oral hygiene awareness among students, teachers, and parents. Teachers were sensitised to identify dental issues early, enhancing preventive action at the school level.

Operational challenges, such as scheduling and behavioural management of younger children, were effectively addressed through adaptive planning and creative engagement.

The department's aim to sustain and expand the initiative through digital learning tools, preventive care modules, and collaborations with local authorities. This continued commitment exemplifies Santosh Dental College's dedication to fostering lifelong oral health and nurturing confident, healthy smiles in the community



#### SMBT Dental College and Hospital, Sangamner



The Department of Pediatric Dentistry, SMBT Dental College and Hospital, Sangamner, Maharashtra, initiated a School-Based Topical Fluoride Application Program in 2024 with the objective of preventing dental caries among school-going children through the application of Acidulated Phosphate Fluoride (APF) gel. The program has been successfully implemented in five schools across Sangamner, under the guidance of head of the department Dr. Vinaya Kumar Kulkarni.

In the academic year 2025, the second round of APF gel application was carried out at Matoshri Rukminibai Damodar Malpani Sharada Vidyalaya, one of the original participant schools. The activity was conducted between August and September 2025, targeting students who had previously received the first application in 2024. This follow-up application fluoride regimen aimed at reinforcing enamel resistance and minimizing caries risk. Additionally, Amritvahini Model School, a newly enrolled institution, was included in the program during the same period. Here, the first application of APF gel was conducted for eligible students after obtaining informed consent from parents and guardians. A detailed dental screening was done prior to the procedure, followed by oral health education sessions highlighting the importance of fluoride, brushing techniques, and preventive dental care.

The fluoride applications were performed by trained interns, postgraduate students and faculty members under strict infection control protocols. All the children were monitored post-application for any adverse reactions. The initiative has been well-received by school authorities, parents, and students. It not only aids in improving oral health but also fosters community awareness regarding preventive dentistry. The department plans to continue and expand this outreach activity, aiming to cover more schools and strengthen the impact of preventive oral health care in the rural population.

#### Shri Aurobindo College of Dentistry, Indore



On 16/08/2025, The Departments of Paediatric & Preventive Dentistry and Public Health Dentistry, Shri Aurobindo College of Dentistry, Indore, successfully organized a multidisciplinary health screening camp dedicated to children and adults with Down syndrome as well as habitat-based vulnerable children. The program was conducted in collaboration with the Parth Women and Special Child Development Society and the Down Syndrome Federation of India.

The core dental team included Dr. Binti Rani Chand (Professor), Dr. Priya Tomar, Dr. Shraddha Sharma from the Department of Paediatric & Preventive Dentistry, and Dr. Atham Jonwal from the Department of Public Health Dentistry.

Along with oral health check-ups, the camp also featured eye examinations and physiotherapy counseling sessions, ensuring holistic healthcare support for children and adults with special needs. Caregivers were simultaneously counseled about preventive oral care, early eye screening, and exercises for better motor development.



## Vinayaka Mission's Sankarachariyar Dental College, Salem

The Department of Pediatric and Preventive Dentistry, Vinayaka Mission's Sankarachariyar Dental College (VMSDC), Salem, successfully carried out outreach and extension activities from July to September 2025, continuing its mission to promote preventive oral health care and education among children and underserved communities.

The initiative began with dental screening camps at Government Higher Secondary School, Veerapandi (15th July), and The Agham Global School, Pagalpatti (25th July), followed by PUMS, Nayakkanpatti (5th August). These programs included oral health screenings, hygiene instruction, and dietary counselling.

In August, the department organized an oral health awareness session at Government PHC, Ariyanoor (19th August), and a dedicated outreach camp at Anbu Illam Special School, Kondalampatti (26th August), catering to children with special needs.

September's Teachers' Day Celebration Week was a highlight, featuring comprehensive camps at PUMS, Sivathapuram (9th Sept), St. Vincent Pallotti School, Mohan Nagar (10th–11th Sept), and CSI Balar Gana Illam – Early Intervention Centre for the Intellectually Disabled, Hasthampatti (12th Sept). A follow-up care visit for these children was conducted at the department on 23rd September. From then onwards, children from CSI Balar Gana Illam have been routinely brought to the department for continued dental treatment and care.

As part of National Nutrition Week, an awareness program was conducted at the Anganwadi Centre, Reddymaniyakaranoor (16th Sept), benefitting children, their mothers, and caretakers. The Inter-School Quiz Competition for Teachers, held on 25th September, was conducted in commemoration of Teachers' Day.







# IDA West Bengal State Branch in collaboration with ISPPD and Department of Pediatric & Preventive Dentistry, Kusumdevi Devi Sunderlal Dugar Jain Dental College & Hospital, Kolkata

A two-day workshop with hands on training on Mastering Nitrous Oxide Anxiolysis in Pediatric and General Dentistry was conducted by IDA West Bengal State Branch in collaboration with ISPPD and Department of Pediatric & Preventive Dentistry, Kusumdevi Devi Sunderlal Dugar Jain Dental College & Hospital, Kolkata on the 28th and 29th of August 2025. Eminent speaker Dr Srinivas Namineni graced the workshop which was conducted successfully and was attended by Pediatric dentists and general practitioners from all over West Bengal. Dr Namineni's lecture was very engaging and resulted in a motivated learning experience for everyone. Dr Namineni received a huge amount of praise from a full house of participants for the hands-on workshop.

This program was conducted under the able guidance of IDA West Bengal State Branch secretary Dr Raju Biswas.







#### Sibar Institute of Dental Sciences, Guntur



As part of the ISPPD initiative, the Department of Pediatric and Preventive Dentistry, Sibar Institute of Dental Sciences, Guntur, organized Teacher's Day Celebrations 2025 under the theme "From Blackboards to Bright Futures" from 26th July to 18th September. A total of camps were conducted eleven government and private schools, including two dedicated to special children, engaging 365 teachers and caregivers from rural and semiurban areas of Guntur and Krishna districts. The program encompassed oral and general health education through audiovisual aids, live demonstrations of correct brushing techniques, and a health talk on Basic Life Support accompanied by a mannequin-based CPR demonstration. Teachers were also trained in the emergency management of dental trauma and the use of First Aid kits, with six kits presented to schools on the eve of World First Aid Day. Additional highlights included a dental quiz, distribution of oral hygiene kits and educational pamphlets, recognition of teachers' contributions, comprehensive and screenings with referral cards provided to those requiring further care. July-Sept 2025

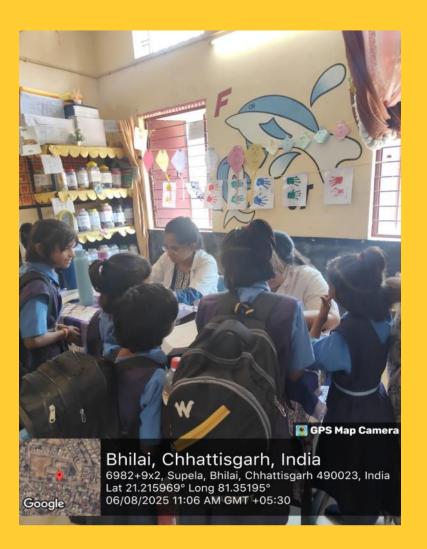


#### Rungta College of Dental Sciences and Research, Bhilai

The Department of Pediatric and Preventive Dentistry at Rungta College of Dental Sciences and Research, Bhilai, Chattisgarh, under the guidance of Dr. Pathivada Lumbini (Professor & HOD) organized a comprehensive dental camp on 6th August 2025 at Indira Gandhi School in Supela, Bhilai.

A total of 200 students and their parents benefited from this initiative. The camp provided thorough oral screenings, diet counselling, and detailed oral hygiene instructions. In addition to these preventive services, essential dental treatments, including oral prophylaxis and restorations, were also performed for those in need.

The event was successfully conducted by the postgraduate students, faculty members of the department and their support staff, reinforcing the college's commitment to community oral health.



#### Kannur Dental College, Kannur



The Department of Pediatric and Preventive Dentistry, Kannur Dental College, Anjarakandy, in association with The Kerala State Bharat Scouts and Guides – Rover and Ranger Crew conducted dental camps, from 19-21 September 2025 at various schools in Kannur District The event aimed to promote oral health awareness among school students and to provide free dental screening and preventive care.

#### **CDE PROGRAMMES**

#### A B Shetty Memorial Institute of Dental Sciences, Mangalore

As part of the International Conference and Alumni Meet 2025, the Department of Pediatric & Preventive Dentistry organised three Pre-Conference Workshops titled "Nitrous Oxide Inhalation Sedation", "Oral Sedation in Pediatric Dentistry" and "Diverse Clinical Applications of Thermoforming Technology in Pediatric Dentistry" respectively on 21st August 2025 at the Department of Pediatric and Preventive Dentistry, A B Shetty Memorial Institute of Dental Sciences, Mangalore. The workshops were facilitated by Dr. Aum Joshi, Dr. Preethi V C and Dr. Ravindra Puppala, all of them being esteemed alumni of the department. A total of around 40 participants attended each workshop.

The Department also organised a Symposium on "Advances in Pediatric Restorative Dentistry" on 23rd August 2025. A total of 40 delegates from various parts of India attended the programme.



## Vinayaka Mission's Sankarachariyar Dental College, Salem The Department of Padiatric Stamp: Provent



The Department of Pediatric & Department of Pediatric & Preventive Dentistry organized its annual national-level CDE, "Pedodontie Sante - VIN 25," under the aegis of ISPPD on 13th October 2025 at Vinayaka Mission's Sankarachariyar Dental College (VMSDC), Salem. The hands-on workshop on "Clear Aligners in Mixed Dentition: A Novel Approach in Paediatric Dentistry" was conducted by Dr. Joby Peter and Dr. Binu Abraham. 60 participants, including postgraduates and specialists from Tamil Nadu, Karnataka, and Pondicherry, attended. The sessions included lectures and demonstrations on intraoral scanning, IPR, and button placement. The event received excellent feedback for its relevance, interactive discussions, and valuable practical training.

## KSR Institute of Dental Science and Research, Tiruchengode,



Team Pedo, KSR Institute of Dental Science and Research, Tiruchengode, Tamil Nadu successfully conducted a Continuing Dental Education (CDE) program titled "Open Secret – Unlocking the Arches" on 13<sup>th</sup> August 2025. The scientific sessions were delivered by eminent speakers Dr.Roshan Rayen (Rayen Dental Care Centre, Chennai) and Dr.Janani RG (Little Krishna Kids Dental Care, Coimbatore), who shared their expertise in the field of Preventive and Interceptive Orthodontics. The event witnessed enthusiastic participation from interns, postgraduates, and faculty members of KSRIDSR, along with delegates from various nearby colleges. Over 100 participants attended the lecture sessions, and 25 participants took part in the exclusive Hands-on workshop providing an engaging platform for knowledge exchange, skill enhancement, and collaborative learning in the field of pediatric orthodontics. This program was accredited with 6 CDE points by the Tamil Nadu Dental Council.

#### Sibar Institute of Dental Sciences, Guntur,

On the eve of the Silver Jubilee celebrations of Sibar Institute of Dental Sciences, Guntur, Department of Pediatric and Preventive Dentistry, under the aegis of ISPPD, organized a workshop titled "ICONic Solutions: From Surface Lesions to Deep Learning" on 1st July 2025. Dr. Neeraj Gugnani, Professor in Department of Pediatric Dentistry at DAV Dental College, Yamunanagar, Haryana was the resource person. A total of 102 postgraduate students and faculty members from seven postgraduate dental colleges attended the program. The workshop was divided into two sessions - Lecture one was on Clinical Diagnosis and Management of Early Caries and Other White Opacities and Lecture two was on the Scope and Applications of Artificial Intelligence in Various Disciplines of Dentistry, followed by a hands-on session where the participants were trained to make apps related to different disciplines of dentistry using AI technology in just seven steps. The workshop concluded with elaborate Question and Answer session, valedictory function where the resource person was felicitated and all the members received the participation certificates.



#### Rajasthan Dental College & Hospital, Jaipur



Department of Pediatric & Preventive Dentistry, from Rajasthan Dental College & Hospital, Nirwan University, Jaipur, recently held a 2-day CDE and workshop, dated 15<sup>th</sup> & 16<sup>th</sup> July, which brought together renowned experts, researchers, and professionals to discuss Obstructive Sleep Apnoea (OSA) — a common and possibly dangerous sleep disease.

It was organized by Dr. Tarun Sethi, Professor & Head, and Dr. Divya Gera, Assistant Professor, along with residents from the Department. The two-day workshop featured important talks by Dr. Gayatri Moghe, MDS, Pediatric & Preventive Dentistry, and Dr. Sukhvinder Bindra, MDS, Oral & Maxillofacial Surgery, from Somnio – The Sleep Clinic, Hyderabad.

One of the main highlights of the workshop was a live surgery, where Dr Bindra and Dr Moghe showcased how upper jaw widening can help in treating sleep-related breathing problems.

Other speakers, including Dr Tarun Sethi, MDS Pediatric Dentistry, Dr Rahul Nahar, MS ENT, Dr Shivam Sharma, MS ENT, Dr Sunil Agarwal, MD Pediatrics, Dr Mohit Poddar, MD Paediatrics, and Dr Arti Yadav, DM Pediatric Endocrinology, held discussions and looked into potential interdisciplinary referals.

#### SMBT Dental College and Hospital, Sangamner

The Department of Pediatric and Preventive Dentistry at SMBT Dental College and Hospital, Sangamner, Maharashtra, successfully conducted a Continuing Dental Education (CDE) program on **Functional Orthodontics in Mixed Dentition** on 10th July 2025 under the esteemed chairmanship of Dr. Vinaya Kumar Kulkarni.

The program featured Dr. Amar Katre, Professor and Head, Department of Pediatric Dentistry, YMT Dental College and Hospital, Navi Mumbai as the guest speaker, whose expertise and engaging delivery greatly enriched the learning experience. **Dr. Bhushan Pustake** witnessed the program as nominee from Maharashtra State Dental Council (MSDC).

The program witnessed active participation not only from undergraduate and postgraduate students but also from faculty members from SMBT and neighbouring dental institutions. It provided a comprehensive overview of early orthodontic interventions during the mixed dentition phase, combining theoretical insights with practical guidance. Demonstration on orofacial myotherapy included tongue and lip exercises, followed by hands-on practice by all participants. This enabled participants to select appropriate exercises tailored to patients' needs and to perform them correctly. Participants remained thoroughly engaged throughout the session, and the structured format helped enhance their clinical understanding and diagnostic skills. Students particularly benefited from the clear emphasis on treatment planning and real-world application.



#### **IN SPOTLIGHT**

Health Insight

#### **Protecting Our Future: The Invisible Threat of**

#### **Smoke Exposure to Children**

The second-hand smoke (SHS) and its lingering residue, third-hand smoke (THS), are a persistent and preventable public health crisis in the pediatric population worldwide. Exposure to these complex chemical mixtures from the smoke during the critical developmental window of a child confers a substantial systemic risk that demands a proactive intervention.

Maternal smoking has devastating intra-uterine effects due to the nicotine & carbon monoxide exposure, leading to placental compromise, fetal hypoxia and growth restriction. It markedly elevates the risk of a preterm birth and a low birthweight. Postnatally, it further compromises the infant's immature respiratory system, which dramatically escalates the likelihood of asthma, recurring otitis media, bronchitis and lower respiratory tract infections. This continuous inflammatory state establishes a lifelong vulnerability to chronic respiratory morbidity in the child.

Moreover, the neurotoxic components in smoke, such as lead and heavy metals, lead to early exposure and measurable neurodevelopmental and cognitive deficits, including reduced performance on standardised tests, impaired executive function, and an elevated incidence of Attention Deficit /Hyperactivity Disorder (ADHD) symptoms, which hinders a child's academic growth and overall quality of life.

Establishing a smoke-free environment is the core mandate of prevention. As healthcare providers, we must actively counsel the parents on adopting "smoke-free home" policies to eliminate the SHS and THS exposure. It is also crucial to clean the THS's toxic residues clinging to the surfaces, maintaining adequate ventilation in the house and practicing frequent household cleaning is essential. Smokers should change their clothing immediately after smoking and wash their hands and face before interacting with the children. Regularly changing the air filters and cleaning the living space will further help in reducing the exposure to residual toxins.

Such preventive actions are very crucial towards creating a healthier, safer, and brighter future for every child.

#### Dr. Akshayalakshmi S

JR-2 - Pediatric and Preventive Dentistry
Teerthanker Mahaveer Dental College and Research
Centre
Moradabad



#### Vinayaka missions Sankarachariyar Dental college, Salem

Bridging Smiles: Inclusive Dental Care for Special Children



At the Department of Paediatric and Preventive Dentistry, VMSDC, Salem, we believe every child regardless of ability deserves access to comprehensive and compassionate oral health care. This philosophy underpins our dedicated services for Children with Special Health Care Needs (CSHCN). Recognizing that long-term care is essential to maintaining oral health in this population, the department has institutionalized a structured program built on two key pillars: regular screening and consistent treatment.

Regular Screening: Systematic, periodic oral health screenings are conducted to enable early detection and prevention of dental diseases. These screenings help identify oral health issues at an early stage, allowing timely intervention and the development of rapport and trust with each child.

Consistent Treatment: Following the screening, each child receives individualized treatment tailored to their specific needs. Preventive procedures such as oral prophylaxis, fluoride application, and sealant placement are combined with restorative care, all delivered in a child-friendly, supportive environment using advanced behavior management techniques.

This Two-Pillar Approach ensures that care is not episodic but continuous—helping children and their caregivers experience oral healthcare as an ongoing journey rather than a one-time event. Our department remains committed to building an inclusive, healthy future—one confident smile at a time.



## The Art Of Young Smiles Celebrating The Science, Skill, And Heart Of Pediatric Dentistry

In the realm where smiles are crafted bright, Where tiny teeth gleam in morning light, There stands a dentist, gentle and kind, With tools of care for every young mind.

With mouth mirror a guiding star, Reflecting smiles, discovering where each tooth hides secrets, small and neat, A canvas for the dentist's gentle feat.

RVGs, a peek into hidden worlds, Where mysteries and wonders unfurl, Revealing truths beneath the white, Guiding care with wisdom's light.

Airoter whispers a gentle breeze, Clearing away worries with ease, Removing fears like clouds that stray, As laughter echoes through the day.

Cement, a builder, strong and sure, Mends and fortifies, a gentle cure, Binding teeth with steadfast grace, Ensuring smiles find their rightful place.

Pulpectomy, a delicate dance, Rescuing teeth with a second chance, Metapex and MTA, heroes' unseen, Sealing hopes where smiles have been.

Nitrous oxide, a calming mist, Drifting dreams where worries desist, Soothing nerves, like clouds above, In the tender embrace of dental love.

General anesthesia, a gentle sleep, Where dreams and mends together keep, A journey through a healing night, Awakening to morning's light.

In this dance of dentist and child, Trust blooms, fears reconciled, A partnership in care, pure and bright, Where every smile shines with delight.

So here's to the pediatric dentist's art, A healer of teeth and a guardian of heart, Where treatments and tales together entwine, In a world where young smiles forever shine.



**Dr. Rajvi Shah**Post Graduate Student
Dr. HSRSM Dental College and Hospital, Hingoli.



## PEDODONTIST PAIN FUND (PPF)

...... Now, with the growing number of pedodontists, we can consider creating a Pedodontist Pain Fund (PPF). Suppose each life member contributes ₹500 per year (currently, there are more than 3,000 life members). This PPF could be utilized in the following situations:

- When an undergraduate or postgraduate pedodontic student is academically brilliant but unable to pay fees due to a sudden, unexpected situation.
- When the clinical setup of a pedodontist is destroyed by a natural calamity or accident.
- When, in an unforeseen situation, an insurance company refuses to honor the claim of a pedodontist.

By tying up with organizations like Vidya Bharati and similar institutions, we could contribute toward the educational fees of underprivileged children.

Although this list could be extended further, the key point lies in financial management. Funds accumulated in the PPF should not remain idle in fixed deposits; rather, they should be allocated to dynamic or balanced funds. Another practical option is investing in precious metals through the MMTC wallet.

In a nutshell, the goal is that the funds should grow and be used to genuinely help those in need. Members of ISPPD with an impeccable track record should be entrusted with managing the PPF. If found successful, this initiative could even be promoted at the IAPD level.

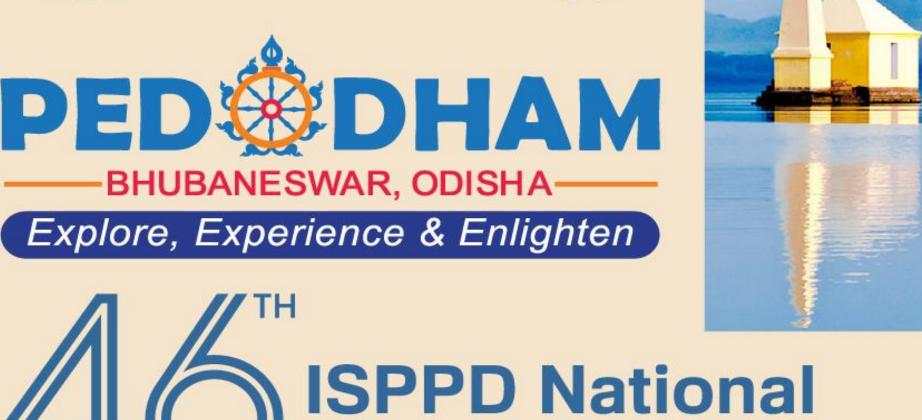
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Prof(Dr)Anshu Sharma
L807
dranshul@hotmail.com











19th-22nd Nov 2025 Date:

Venue: Campus 2, Siksha 'O' Anusandhan (Deemed to be University), Kalinga





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#### **ATTENTION IOS Members**

Members with existing Indemnity Policy can also register under this Indemnity scheme, their existing retroactive date will be transferred to new policy by providing a copy of existing running policy.

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# EMPOWERING CHILDREN DENTAL ACCESS

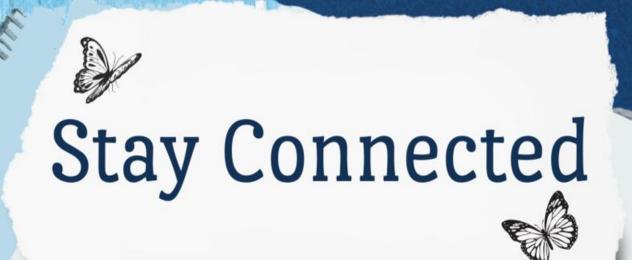
The Indian Society of Pedodontics and Preventive Dentistry (ISPPD) now features the "Find A Pediatric Dentist" tool, developed in collaboration with Genamet

www.isppd.org.in secretary@isppd.org.in

FIND A
PEDIATRIC
PENTIST







#### Dear Esteemed Members

Warm greetings from the Indian Society of Pedodontics and Preventive Dentistry.

To keep you informed and connected with the latest updates and events of the society, we are excited to share the official social media handles of ISPPD. These platforms will serve as a hub for announcements, scientific discussions, and community engagement.

We encourage you to follow and engage with us on social media platforms.

By following these platforms, you will stay updated on:
Upcoming conferences and workshops, Latest research and
publications, Society activities and initiatives, Member
highlights and achievements

We value your support and look forward to fostering a stronger, more connected ISPPD community.

Warm regards,

Dr. Varinder Goyal

General Secretary

Indian Society of Pedodontics and Preventive Dentistry (ISPPD)

www.isppd.org.in

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#### Contact Us



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